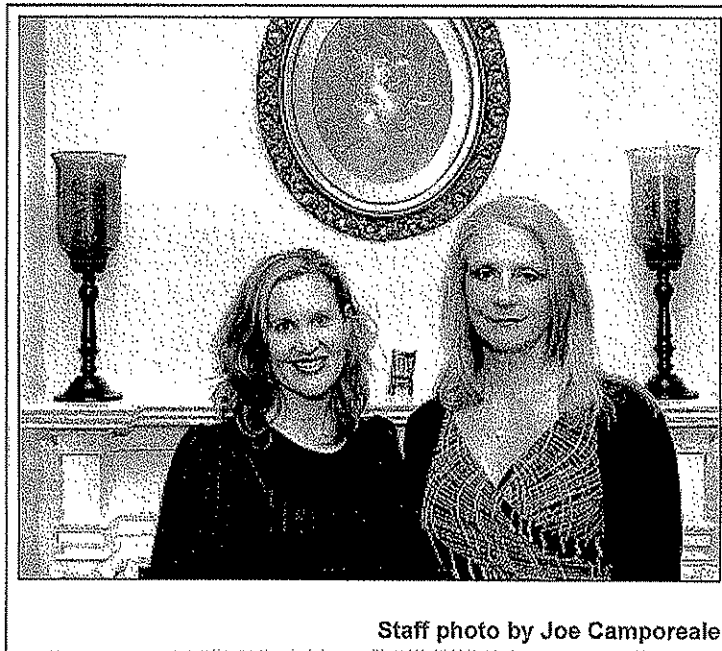


The Rocking Chair

A women's wellness center

In August of 2008, the City of Englewood welcomed The Rocking Chair, a women's wellness center that deals with all areas of emotional health and well-being. Psychiatrist Naomi Greenblatt, M.D.; psychologist Allison Rosen, Ph.D. and many other certified professionals offer their knowledge and expertise in a relaxing and comfortable atmosphere.

Examining women from the perspective of where she is in her reproductive life span, The Rocking Chair touches on a variety of topics for all ages. From infertility and depression during and after pregnancy to anxiety, mood and eating disorders, the center empowers women to do their best to stay healthy.



Many treatment options are available including medical management, nutritional evaluations, therapeutic massage, psychotherapy, group therapy and more. All of the professionals are available in one center to allow easier access and a much better value of care.

Offering a variety of retreats and seminars, a Mind and Body Fertility Retreat will be held May 3. This one day retreat held from 9 a.m. to 4 p.m. will focus on relaxation techniques, couples communication strategies, yoga for fertility, group support, naturopathic tips to enhance fertility and a Q&A with the experts.

For more information on the many services The Rocking Chair has to offer,

stop by 60 Grand Ave., Englewood, call 201-308-5325 or visit www.therockingchair.org.